

EASTFORD CARES*

new Opportunities for students K-8

*Caring Adults Reach Every Student

Dear Families,

Eastford Elementary School is proud to announce our new Eastford CARES after school programming. This is a grant-funded opportunity for us to provide quality “wellness” in the form of after school childcare, organized activities, STEM and enrichment opportunities for students in the Eastford CARES program.

The program is open to all students in kindergarten through grade 8. The biggest advantage of this program is that students who attend **at least 6 hours** of after school programming (including after school childcare) each week, qualify for **FREE** childcare. That means - we will NOT charge you for the time your child spends in the after school childcare program! However, **all fees still apply to those who require childcare in the morning.**

Each month, we will prepare a monthly calendar of events that you can sign up for all at once for the whole month based on your child’s interests and your family’s schedule. The calendar includes **after school academic support** as well (note different days for different grades). Please note that some programs begin at 3:30 and end at 4:30 while others begin at 3:45 and end at 4:45. **All Monday programs** offered through Mystic Seaport will **run from 3:30 to 5:00**. Additionally, some programs are only offered to certain grades.

REMEMBER: STUDENTS NEED TO SIGN UP FOR AND ATTEND AT LEAST 6 HOURS OF PROGRAMMING EACH WEEK TO RECEIVE THE FREE CHILD CARE! After attending a program, children can be dismissed to the childcare (wellness) program and stay until 6:00 PM, or they can be picked up at the end of the program. If you have not signed up for Eastford CARES – it’s not too late! Please fill out and return the bottom portion of the Eastford CARES flyer in this packet.

Flyers and descriptions of the various events are included in this packet. Students signed up for Eastford CARES will have first priority for all programs. If space allows, other students may also be able to join. Once you are enrolled in Eastford CARES, you can sign up all at once for programs by selecting options on the last page.

Our first program begins on Monday, Oct. 4 so don’t delay!

Please call the school if you have any questions!

EES CARES*

New Opportunities: K-8

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We are proud to announce that EES has received an after-school enrichment grant. Beginning in September and continuing throughout the school year, we can offer a variety of **free programs after school.**

CARES programming will begin right after school at EES and will be available as late as 6:00 PM. **Programming is free for each child who participates in a variety of offerings for a minimum of 6 hours per week (app. 3 days or more).**

The mission of our *Caring Adults Reach Every Student* program is to provide a variety of activities including wellness, structured childcare, academic support, social/emotional engagement, arts, crafts, STEM and other interest-based activities.

In order to offer the program, we need your commitment ASAP.

Please return this form to the Eastford Elementary School Office (ASAP) to indicate your interest. If you prefer, email mseguine@eastfordct.org with the information.

Parent/Family Name: _____

Phone: _____ Email: _____

Student(s): Name _____ Grade ____ Name _____ Grade ____
Name _____ Grade ____ Name _____ Grade ____

After school emergency contacts are: /_/ the same as during school hours.

OR /_/ Please use these contacts:

Name: _____ Phone: _____

Name: _____ Phone: _____

___ Please contact me; I have some questions.

Eastford Cares Calendar of Events October 2021

**SIGN UP TODAY for EES CARES Activities and get
free wellness(childcare) until 6:00 PM
Monday – Friday
All students K-8 welcome**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><u>All programs are free</u> <u>EES CARE students get 1st priority.</u></p>	<p>Academic Support (ACS) STARTS 10/12 Grades 5-8: Wednesdays & Thursdays</p>	<p>Academic Support (ACS) Grades 2-4: Tuesday & Thursday</p>		1	2
3	<p>Mystic Program 3:45-5:00 PM All About Whales</p>	<p>Grades K-4 YOGA with Mrs. Boyd till 4:30 PM</p>	<p>Wellness Program Fall Craft Wreath Making with Mrs. King</p>	STEM TBD	8	9
10	<p>11 HOLIDAY NO SCHOOL</p>	<p>12 BOARD GAMES Grades 2-4 3:30-4:30 pm Grades 2-4 ACS 3:45 - 4:45PM</p>	<p>13 Grades 5-8 ACS 3:45 - 4:45PM</p>	<p>14 STEM TBD Grades 2-8 ACS 3:45 - 4:45PM</p>	15	16
17	<p>18 Mystic Program 3:45-5:00 PM Sailor Skills & Ropemaking</p>	<p>19 Grades 5-8 YOGA with Mrs. Boyd till 4:30 PM Grades 2-4 ACS 3:45 - 4:45PM</p>	<p>20 Making Thank you cards for EIFD with Mrs. King Grades 5-8 ACS 3:45 -</p>	<p>21 STEM TBD Grades 2-8 ACS 3:45 - 4:45PM</p>	22	23
24	<p>25 Mystic Program 3:45-5:00 PM All about boats</p>	<p>26 Grades K-4 YOGA with Mrs. Boyd till 4:30 PM Grades 2-4 ACS 3:45 - 4:45PM</p>	<p>27 Wellness Program Craft Pumpkin Decorating Grades 5-8 ACS 3:45 - 4:45PM</p>	<p>28 STEM TBD Grades 2-8 ACS 3:45 - 4:45PM</p>	29	30
31						

Mystic Seaport Museum enrichment programming

All about Whales!

Students will learn about the history and science of whales and why they were hunted. Students will experience how whale blubber keeps them insulated and how different types of whales eat.



Sailors' Skills and Ropemaking

Students will learn about the importance of rope manufacturing in New England seaport towns and make rope right in their classroom. Students will practice their rope skills and learn how to tie a variety of common knots used on land and at sea, such as a square knot, bowline, and sheet bend.



All About Boats—Design Your Own!

In this program students learn about and design their own small boats. Students will learn about buoyancy, friction, hull design, and water displacement and complete a design challenge.



EES CARES SPONSORED PROGRAMS

OCTOBER 2021

MYSTIC MONDAYS Grades K-8, 3:30-5:00 PM

- ___ October 4: All About Whales
- ___ October 18: Sailor Skills and Ropemaking
- ___ October 25: All about boats

YOGA TUESDAYS with Mrs. Boyd 3:30 -4:30 PM

- ___ October 5: Grades K-4
- ___ October 19: Grades 5-8
- ___ October 26: Grades K-4

BOARD GAMES Second Tuesdays, 3:30 -4:30 PM

- ___ October 12:, Grades 2-4

CRAFTS ON WEDNESDAYS: Grades K-8 with Mrs. King, 3:30-4:30 PM

- ___ October 6: Fall Wreath Making
- ___ October 20: Making Thank you cards
- ___ October 27: Craft pumpkin decorating

STEM ON THURSDAYS, Grades K-8, 3:30-4:30 PM

- ___ Oct 7 ___ Oct 14 ___ Oct 21 ___ Oct 28

ACADEMIC SUPPORT: GRADES 2-4, TUESDAY & THURSDAY, 3:45 - 4:45 PM

- ___ Oct 12 ___ Oct 14 ___ Oct 19 ___ Oct 21 ___ Oct 26 ___ Oct 28

ACADEMIC SUPPORT: GRADES 5-8, WEDNESDAYS & THURSDAY, 3:45 - 4:45 PM

- ___ Oct 13 ___ Oct 14 ___ Oct 20 ___ Oct 21 ___ Oct 27 ___ Oct 28

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Student Name: _____ Grade: _____

Student to dismiss to: ___ Wellness after school care (ASP)

Or _____ Pick up by _____ at dismissal time

My student has the following allergies or health concerns: _____

Parent Permission

Date