

**Eastford Readiness Council**

# Cleaning, Sanitizing, and Disinfection Frequency Table

| AREA   | CLEAN             | SANITIZE          | DISINFECT | Frequency   |
|--|-------------------|-------------------|-----------|---|
| <b><i>Food Areas</i></b>   |                   |                   |           |   |
| Food preparation surfaces and appliances   | Para              | Para              |           | Before and after contact with food activity   |
| Eating utensils and dishes   | Para              | Para              |           | After each use  |
| Countertops/tables   | Para              | Para<br>Custodial |           | Before and after contact with food activity<br>Daily  |
| Refrigerator   | Para              |                   |           | Monthly   |
| <b><i>Toilet and diapering areas</i></b>   |                   |                   |           |   |
| Changing tables  | Para              |                   | Para      | After each child's use  |
| Handwashing sinks, faucets, surrounding counters   | Custodial         |                   | Custodial | Daily and when soiled   |
| Toilet (seats, handles, bowls)   | Custodial         |                   | Custodial | Daily or immediately if visibly soiled  |
| Diaper pails   | Custodial         |                   | Custodial | Daily or immediately if visibly soiled  |
| Floor  | Custodial         |                   | Custodial | Daily: damp mop with a floor cleaner, disinfectant  |
| Any surface contaminated with body fluids: saliva, mucus, vomit, urine, stool, or blood <sup>1</sup> | Custodial         | Custodial         |           | IMMEDIATELY   |
| <b><i>Child Care Areas</i></b>   |                   |                   |           |   |
| Toys that go in the mouth or have been in contact with saliva or other body fluids                   | Para              | Para              |           | When soiled<br>At end of the day  |
| Hats   | Para              |                   |           | After each child's use if head lice present (or use disposable hats that only one child wears)  |
| Floors   | Para<br>Custodial | Custodial         |           | When soiled: sweep or vacuum<br>Daily: sweep or vacuum, then damp mop   |
| Door and cabinet handles, drinking fountains   | Custodial         |                   | Custodial | Daily and when soiled   |
| Carpets and large area rugs  | Custodial         |                   |           | <b>Daily:</b> Vacuum when children are not present; clean with a carpet cleaning method consistent with local health regulations and only when children will not be present (until the carpet is dry)<br><b>Monthly:</b> wash carpets at least monthly in infant areas and at least every three months in other areas when soiled |
| Small rugs   | Custodial         |                   |           | Daily: shake outdoors or vacuum   |
| Play activity centers, and machine washable toys   | Para              |                   |           | Weekly and when soiled  |
| Dress-up clothes   | Para              |                   |           | Weekly when they are used   |
| Soap dispensers  | Custodial         | Custodial         |           | Daily and when soiled   |
| Phone receivers  | Custodial         |                   |           | Daily   |
| Cubbies  | Custodial         |                   |           | Monthly and when soiled   |

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|                              |           |           |  |  |
|------------------------------|-----------|-----------|--|--|
| Mops and cleaning rags       | Custodial | Custodial |  | Before and after a day of use, wash, rinse, and sanitize mops and cleaning rags. |
| <b><i>Sleeping Areas</i></b> |           |           |  |  |
| Bed sheets and pillow cases  |           |           |  | <b>Weekly:</b> send home to parents  |
| Cots                         | Custodial |           |  | Weekly or before use by a different child  |

**CLEANING:** physically removing all dirt and contamination, oftentimes with soap and water

**SANITIZING:** reducing germs on inanimate surfaces to levels considered safe by public health codes or regulations; may be appropriate for food service tables, high chairs, toys

**DISINFECTING:** destroying or inactivating most germs on any inanimate object, but not bacterial spores; may be appropriate for diaper tables, door and cabinet handles, toilets, and other bathroom

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