

Eastford Readiness Council

Goal

The Eastford Readiness program utilizes the Essential Dispositions of the Connecticut Early Learning and Development Standards (CT ELDS), to **foster competent learners** through supporting children to:

- Be creative
- Be inquisitive
- Be flexible
- Be critical thinkers
- Be purposeful and reflective
- Be social learners

Objectives

Cognition:

- Develop effective approaches to learning
- Use logic and reasoning
- Strengthen executive function

Social and Emotional:

- Develop trusting healthy attachments and relationships with primary caregivers
- Develop self – regulation
- Develop, express, recognize, and respond to emotions
- Develop self – awareness, self – concept, and competence
- Develop social relationships

Physical Health:

- Develop gross motor skills
- Develop fine motor skills
- Acquire adaptive skills
- Maintain physical health and well-being

Language and Literacy:

- Understand language
- Use language
- Use language for social interaction
- Gain book appreciation and knowledge
- Gain knowledge of print and its uses
- Develop phonological awareness
- Convey meaning through drawing, letters and words

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Creative Arts:

- Engage in and enjoy the arts
- Explore and respond to creative works

Mathematics:

- Understand counting and cardinality
- Understand and describe relationships to solve problems
- Understand the attributes and relative properties of objects
- Understand shapes and spatial relationships

Science:

- Apply scientific practices
- Engage in the process of engineering
- Understand patterns, process and relationships of living things
- Understand physical sciences
- Understand features of earth

Social Studies:

- Understand self, family and a diverse community
- Learn about people and the environment
- Develop an understanding of economic systems and resources
- Understand change over time