

Diapering Procedures

The bathroom has a pull-down changing area for diapering equipped with a belt made of sturdy plastic. The changing table is only used for this purpose. Located adjacent to the changing table is a hands free garbage for soiled diapers, which is emptied daily. The hands of the staff and children shall be washed after each diaper change. Staff encourages the use of commercially available disposable diapers or pull-ups, though cloth diapers are permissible. (For children who require cloth diapers, the diaper has an absorbent inner lining completely contained within an outer covering made of waterproof material that prevents the escape of feces and urine; both diaper and outer covering are changed as a unit.) Staff check children for signs that diapers or pull-ups are wet or contain feces at least every two hours and after naps. Diapers are changed when wet or soiled within 5 minutes of discovery that they are wet or soiled. Staff change children's diapers or soiled underwear in the bathroom only. When children are too large for the changing table a changing mat on the floor is used. The following procedure listed below is posted in the bathroom and is used to evaluate staff that change diapers.

1. Preparation

- Organize needed supplies within reach.
- Wash your hands and gather what you need.
- Put gloves on.
- At all times, have a hand on the child while on elevated surface.

2. Remove the soiled diaper.

- Remove soiled diaper and soiled clothes.
- Fold the soiled surface inward.
- Put disposable diapers in designated trashcan.
- Put soiled clothes without rinsing in a plastic bag for parents.

3. Clean the child's diaper area.

- Use disposable wipes or toilet paper to clean and dry child's bottom.
- If the child needs a more thorough washing, use soap, running water, and paper towels.
- Remove gloves and dispose of them immediately into the designated trashcan.

4. Put on a clean pair of gloves.

5. Put on a clean diaper and dress the child.

6. Wash the child's hands and return the child to a supervised area.

7. Clean and sanitize the diaper changing surface.

- Clean and disinfect the diapering area and all equipment or supplies that were touched and soiled.

8. Wash your own hands thoroughly.